ESSEX WAY STAGE 5 - CRESSING to GREAT TEY (9.4 miles)

START - CRESSING CHURCH ///deflated.jingles.levels (Map Ref: TL 795204) CM77 8PQ

Kev

L = left; R = right; TL = turn left; TR = turn right; X = cross over; CONT = continue; THRU = through; ST = stile; WM = waymark; FPS = footpath (or bridleway) sign; FB = footbridge (normally wood); TK = track; RD = road; KG = kissing gate.

All distances are approximate

From FPS, follow TK 200M (church on L) to X earth bridge. CONT 200M in same direction & pass under power lines (twin poles on L).

CONT 150M on TK. At fence TR to WM (by white 'DOGS ON LEAD' sign). CONT ahead 40M on field edge TK to WM.

TL and follow broad grass TK 100M to WM.

CONT ahead 200M on gravel TK (becoming cement), passing pond on your L, to RD.

TR and follow RD 250M (carefully) & X RD to FPS on L.

TL and CONT ahead 60M on broad grass TK to field.

TL (WM) and CONT on TK (hedge on L) to edge of field and TR (WM) THRU gap

CONT 300M on field edge (hedge on **R**) to 2nd WM.

TL and **X** field 250M aiming for WM at **R** end of hedge opposite.

- **3 TR** at WM for 200M on field edge (ditch on **L**) to WM at gap in hedge. CONT ahead 100M (hedge on L) to WM directly under power lines. **TL** THRU gap. CONT ahead 300M on field edge (hedge, later ditch, on **R**) to TK junction & WM. TR & CONT 200M (ditch on L) to corner of woods. CONT ahead 250M to lane.
- **X** lane and **TL** for 15M to FPS.

TR to follow narrow enclosed TK (eventually with fence on R) for 150M & pass **THRU** wooden barrier. **X** quarry RD CAREFULLY & pass **THRU** wooden barrier. **CONT** straight ahead 80M to WM (by twin power poles).

Enter wood and follow clear track for short distance 'til it exits wood again. **CONT** ahead on narrow TK to end and X FPS at RD.

TR uphill on RD 250M to FPS on R (at sharp R RD bend). TL onto wide TK. Follow TK 70M (hedge on **L**) to WM.

TR & follow TK along field edge with wire fence on your L. At end of fence CONT ahead to Left hand field corner. (3 miles)

Go L of quarry fence 300M to WM at end of fence. X RD diagonally to power pole. TR to follow grass TK 200M (wire fence on R) to WM ('DOGS ON LEAD' sign). TL & CONT 200M (hedge/ditch then wooden fence on R) to WM at TK junction. TR and follow TK 100M to WM at next fence corner.

TL on wide TK for 1600M. Pass buildings & reach RD at **Coggeshall**.

- 7 X RD to FPS. CONT ahead 400M down ABBEY LANE to FPS just past church. At 'Abbey Only' sign CONT straight ahead 150M, between buildings, & X bridge.
 - CONT 60M to WM (on L). TL between ST and electric fence.
 - CONT 250M up **L** edge of field (hedge/ditch on **L**) to concrete lane, WM & ST. **X** ST & CONT ahead 200M, on **L** edge of field.
 - THRU **KG** and CONT 100M (same direction) to wooden gate & FPS by RD. **X** RD (CAREFULLY) and TL.
- **8 CONT** 60M to narrow gate (on **R**) at end of low wall/hedge.
 - **TR** 130M up field keeping hedge close on your **R**) to WM. **CONT** ahead on path 200M to RD.
 - TR 130M to roundabout. TR 200M to bottom of hill. X RD & TL THRU wooden gate (opposite St. Anne's Close)
- CONT 100M on narrow TK to field. Ahead 80M X field to WM.
 CONT ahead 200M on TK (hedge on L) to FPS. Climb steps to RD (A120).
 X RD (EXTREME CAUTION HIGH SPEED TRAFFIC BOTH DIRECTIONS) slightly L to go down steps nearly opposite & X ST.
- 10 CONT ahead 300M on field edge (ditch on L) to TK junction just after leaving field. CONT straight ahead 600M on TK (ditch/hedge on L), to leave field by gap at L end of hedge, to TK junction. TL 15M to WM.
 - TR and follow field edge 200M (ditch on R) at end bear R to FPS and lane. (7 miles)
- 11 X lane and TR for 20M to metal gate & WM. TL THRU metal gate onto TK.
 - CONT 200M on grass TK (reservoir bank on L) to WM just round bend.
 - CONT ahead 200M same direction (hedge/ditch on L) 'til TK switches to L of hedge.
 - CONT 200M (hedge on R now) to WM and TK switches hedge sides again.
 - CONT 300M (hedge on L again) to FPS by lane.
- **12 TR** on lane for 100M to FPS (hidden!!) on **L** (past cream house).
 - **TL** for 80M on wide enclosed TK to field. Follow field edge 450M (hedge on **L**) to WM at TK junction.
 - TL & CONT 40M (hedge on R) to WM on R.
 - **TR** and **CONT** 500M (hedge/ditch on **L**) to field corner & **X** wooden FB directly ahead of you.
 - THRU KG & CONT 40M (hedge on L). THRU KG & X FB to WM.
- **13 TR** & CONT 200M (ditch on **R**), as field bears **L** then **R** to WM. **TL** at WM & follow wire fence 200M to WM & FB. **X** FB & **TR** (church ahead). CONT 200M (hedge/ditch on **R**) then **X** field to FB. **X** FB. CONT 200M, on narrow enclosed TK, (MIND LOW BRANCHES) passing sewage works & emerge at field.
- **14** CONT 150M ahead (towards church), following power lines, to concrete lane. **X** lane to narrow enclosed TK opposite. CONT 100M bearing **R** at path (**MIND LOW BRANCHES & TRIP HAZARDS**) junction to WM just before field. CONT 100M up **L** edge of field to *finish at wooden gate (Great Tey Church ahead 50M R).

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